

Digital Citizenship Morning Meeting ~ PK-1st



October Focus

Self Awareness



Watch it!



Do it!

Pause & Think Moment NAME _____

Pick one of the Digital Citizens. Draw how you will be like that character next time you're online.

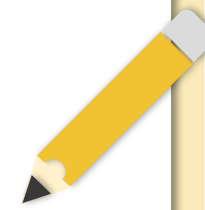
How will you be like one of the Digital Citizens next time you're online?

Think about it!



How can I be a good digital citizen?

Read it!



Lesson Plan ~ PK-1st Grade



GRADES PreK-1: SEL IN DIGITAL LIFE

Pause and Think Online



SEL ACTIVITY

25
minutes

What You'll Need: [Lesson Slides](#) [Pause & Think Moment Handout](#) [Family Activity](#)

CASEL FOCUS: Self-Awareness

Learning Objectives

- Understand the importance of being safe, responsible, and respectful online.
- Learn the "Pause and Think Online" song to remember basic digital citizenship concepts.

Activity Steps

1. **Ask:** *Do you ever go on the internet? What kinds of things do you do? Or could you do?*
Invite students to respond. Answers will vary, but emphasize that there are many different things we can do online, including learning new information, playing games, communicating with friends and family, and looking at pictures and videos.
2. **Say:** *Wow! There are so many amazing things we can do online.*
Project **Slide 3** and define **online** as using a computer, phone, or tablet to visit a website or app.
3. **Say:** *When we go online, it's important to follow certain rules to make sure we have a good time. Today, we're going to listen to a song called "Pause & Think Online" to learn how we can be safe and responsible on the internet. What does it mean to pause?*
Invite students to share out. Project **Slide 4** and define **pause** as to stop what you're doing or say.
4. **Play** the "Pause & Think Online" music video on **Slide 5**
As the video plays, model the dance moves in the chorus and encourage students to join!
Chorus:
From your head down to your toes [Point to head and then to toes]
Pause and think about it [Stick both hands out in front and then point hands to head]
From your feet up to your nose [Point to feet and then to nose]
Pause and think online! [Stick both hands out in front and then point hands to head]

Click me for the full lesson plan you can use for your morning meeting.

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Learning Objectives

- Understand the importance of being safe, responsible, and respectful online.
- Learn the "Pause and Think Online" song to remember basic digital citizenship concepts.

Digital Citizenship Morning Meeting ~ 2nd-5th



October Focus

Self Awareness

Think about it!



How can I be a good digital citizen?

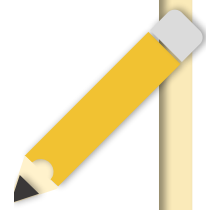


Watch it!



Draw it!

Draw me on the back of your Rings of Responsibility worksheet



Do it!

common sense education SEL ACTIVITY

GRADES 3-5: SELF-AWARENESS Our Responsibilities Online

- As you watch Rings of Responsibility, think about how throwing a bottle out of your window can be similar to something you do online?
- What are the Rings of Responsibility?
- Let's think about what it means to be our best selves. Describe a time you did something that had a positive impact for yourself or for your friends. What did you do? How were you feeling?
- What is something you can do in your life to be a digital citizen? Use the Rings of Responsibility to help you think about different things you can do.

Lesson Plan ~ 2nd - 5th Grade



 common sense education®

GRADES 3-5: SEL IN DIGITAL LIFE

Our Responsibilities Online



SEL ACTIVITY

15
minutes

What You'll Need: [Video](#) • [Student Handout](#)

CASL FOCUS: Self-Awareness

Learning Objectives

- Use the rings of responsibility to think about how behavior affects selves and others.
- Recognize the relationship between behaviors and emotions.
- Identify examples of how they can be their best selves when using technology.

Activity Steps

1. **Ask:** Have you ever heard the term "digital citizen"? What comes to mind?

Invite students to share any ideas that come to mind. Clarify that a **digital citizen** is someone who uses technology responsibly to learn, create, and participate.

2. **Say:** As digital citizens, we have responsibilities to ourselves, our communities, and our world as we use technology to learn, create, and connect with others. Today we are going to watch a video exploring how digital citizens take responsibility for themselves, their communities, and their world. As you watch the video, think about how throwing a bottle out of your window can be similar to something you do online.

Optional: Distribute the [Student Handout](#) and have students complete Question 1 as they watch the video.

3. Show the [Rings of Responsibility](#) video (1:32 minutes). After showing the video, invite students to share out.
 - Like littering, the things we share or post online can impact ourselves, our communities, and even the world.
 - Doing things online can have a ripple effect, like littering.
4. Lead a class discussion using the questions below.

Optional: Have students complete Questions 2 to 4 on the [Student Handout](#) independently before having a group discussion.

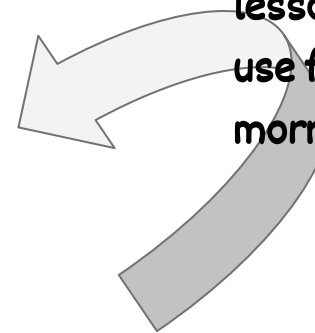
Discussion Questions

Ask: According to the video, what are the rings of responsibility?

- Answers will vary, but clarify that each ring represents a person or group you are responsible to (yourself, your community, and your world), and that being responsible to someone means that you think about how your actions will impact them.



Click me for the full lesson plan you can use for your morning meeting.



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Learning Objectives

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- Recognize the relationship between behaviors and emotions.
- Identify examples of how you can be your best self when using technology.